



# Pain Free Life Centers

## Patient Information Form

Please complete the following questionnaire to help us better understand your complex pain problem.

Please check appropriate boxes wherever indicated.

|  |   |   |
|--|---|---|
| Date Questionnaire Completed   |   |   |
| Full Name  |   |   |
| Street Address   |   |   |
| City, State  |   |   |
| Zip Code   |   |   |
| Home Phone #   | (      )  |   |
| Cell Phone #   | (      )  |   |
| Work Phone #   | (      )  |   |
| Occupation:  | How Long:   |   |
| May we contact you at work? <input type="checkbox"/> Yes <input type="checkbox"/> No |   |   |
| Email address  | <input type="checkbox"/> <input type="checkbox"/> No <input type="checkbox"/> <input type="checkbox"/> Yes: |   |
| Birth Date   | (mm/dd/yyyy)  | Ages 14-17 Require Parent/Guardian Approval<br>We don't treat anyone under the age of 14. |
| Age  |   |   |
| Gender   | <input type="checkbox"/> Male <input type="checkbox"/> Female   |   |
| Treating Physician   |   |   |
| Emergency Contact  | Name:<br>Phone # (      )   |   |
|  | Their relationship to you:  |   |
| How did you hear about us?   | <input type="checkbox"/> TV _____   | <input type="checkbox"/> Radio _____  |
|  | <input type="checkbox"/> Mail _____   | <input type="checkbox"/> Internet _____   |
|  | <input type="checkbox"/> Friend/Employee  | <input type="checkbox"/> Billboard/Sign   |
| Are you pregnant?  | <input type="checkbox"/> No <input type="checkbox"/> Yes:   |   |

### PAIN HISTORY

1. Please describe the pain/ problem that you are currently seeking relief from:

2. When did your pain first start and what was the cause? Please be as specific as possible.

Day [    ]      Month [    ]      Year [    ]

Check ONE that applies best; if more than one applies, check the one that applies the best.

- Accident at work
- Accident at home
- Car accident
- After surgery
- After an illness
- Pain just began, no clear reason
- Other reasons (please describe) \_\_\_\_\_

**TREATMENT HISTORY**

1. Have you already been assessed by any medical specialists for your pain problem?

- No     Yes: Please list:

| Name of Specialist | Specialty (if known) | Date of Assessment /Treatment Received |
|--------------------|----------------------|--|
|                    |                      |  |
|                    |                      |  |
|                    |                      |  |
|                    |                      |  |

2. On a scale of 1 -10 (10 being the worst) what is your pain level today: \_\_\_\_\_

3. Reducing your level of pain is what priority in your life:

- a. High
- b. Moderate
- c. Low

4. Your basic knowledge/understanding of what Pain Free Life Centers laser therapy does is:

- a. High
- b. Moderate
- c. Low

5. Which, if any, forms of medical laser application have you experienced (i.e. electrolysis, tattoo removal, lasik, etc.)

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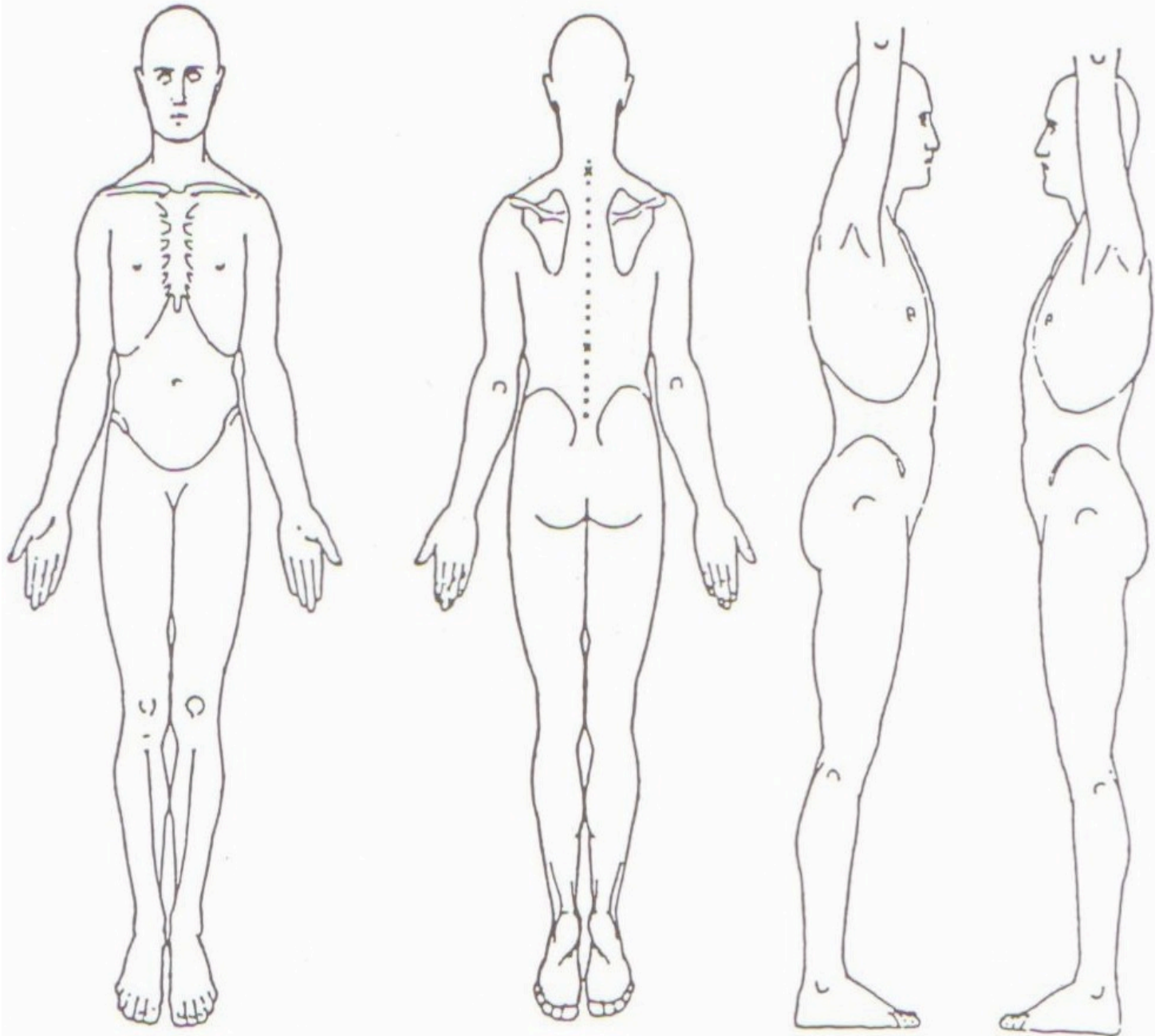
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**PAIN DIAGRAM:** Please shade (in pencil) where you are currently experiencing pain/other symptoms:  
(If submitting electronically, complete this page in the office.)



**DO YOU HAVE ANY HISTORY OF:**

- Cancer (No chemotherapy in the past 30 days)**
- Weight loss in the past 6 months
- Night sweats/fevers in the past 6 months
- Diabetes
- None of the above

**MEDICATIONS/ALLERGIES**

1. Please list any allergies you might have. (Include latex, alcohol, over the counter and herbal medications.)

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2. What medications are you **currently** taking for your pain?

| Drug Name | Dosage | How often? | Date Started | Side Effects?  | Is it Effective?   |
|-----------|--------|------------|--------------|--|--|
|           |        |            |              | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|           |        |            |              | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|           |        |            |              | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |

3. What medications have you **tried in the past** for your pain but have stopped using?

| Drug Name | Were there side effects?                                 | Was it effective?  |
|-----------|--|--|
|           | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|           | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
|           | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |

**Opiate History:** Opiate (narcotic) medications include:

Codeine, Morphine, Hydromorphone (Dilaudid), Oxycodone (Percocet, Endocet), Tramadol (Tramacet), and Fentanyl patch, or **\*Vicoden (\*Must be 24 hours since last dose)**

Please ask if you are not sure if your medication is an opiate.

(a) I AM currently taking OPIATE medication.

- Yes: Please answer the following questions.
- No: **Please go to next page.**

(b) Please tell us about the opiate prescription you are **currently** taking or any injections you are receiving:

| Drug Name | How many tablets are in a prescription? | How many days are there between refills? |
|-----------|---|--|
|           |   |  |
|           |   |  |
|           |   |  |

**MEDICAL/SURGICAL HISTORY**

1. Do you currently have any of the following conditions?   Check all that apply.
- Heart disease
  - Lung disease
  - Diabetes
  - Stroke
  - Blood clotting problems
  - Weakness in your arms or legs
  - None of the above
  - Bowel problems
  - Bladder problems
  - Weight loss in the past 6 months
  - Night sweats/fevers in the last 6 months
  - Cancer If yes, what type?  
\_\_\_\_\_

2. List by year (starting at childhood), as best you can, all illnesses and operations you have had previously.

| Year | Surgical Operation<br>(e.g. Back Fusion) | Year | Medical Illness<br>(e.g. Measles, diabetes) |
|------|--|------|---|
|      |  |      |   |
|      |  |      |   |
|      |  |      |   |
|      |  |      |   |
|      |  |      |   |
|      |  |      |   |

**I have informed Pain Free Life Centers of the following:**

I have never been diagnosed with any form of cancer and to my knowledge I have the following sicknesses, illnesses, and/or medical conditions (If none, write "none"):

\_\_\_\_\_

I regularly use and/or consume the following: tobacco products, alcohol products and/or controlled substances (if none write "none"):

\_\_\_\_\_

I have regularly received or regularly receive the following injections (cortisone or others) from my medical care provider (if none write "none"): (Indicate if received in last 5 days)

\_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_